

Our coaching offer



Individual coaching – Personal development

Are you experiencing powerful forces of change in your life as well? In future, do you want to do more than just react to them, proactively going your own way with a sense of purpose instead? We empower you as you face day-to-day professional and management challenges so that you can realise your potential.

When the “chemistry” and conditions are right, successful coaching can:

- boost your self-confidence and therefore enhance your competence
- help you see things in a new light and identify coherent options
- facilitate personality development and satisfaction.

Private individuals are of course also very welcome.

Management coaching – developing leadership skills

Managers often rely on tried-and-tested strengths that have given them a sense of security and stability in the past. But now the requirements and/or environment have changed and they no longer feel as secure in the saddle.

Even Albert Einstein was aware of it: “We can’t solve problems by using the same kind of thinking we used when we created them.” Patterns need to be broken so that something new can emerge.

By improving your leadership skills, you can react appropriately to current challenges and overcome them so much more effectively. We invite you to get back in the saddle with renewed confidence and new leadership strength!



Executive Coaching – equal sparring partner

“Being head and shoulders above the rest is a lonely place to be” is sadly a reality since an open and honest exchange of ideas with colleagues is rarely possible when you’re at the top. In a dynamic environment presenting huge demands but also with the high standards you set for yourself, it’s important to have an equal sparring partner at your side.

Alongside current issues, we can work on areas such as vision and management, handling power and the demands you face, as well as intrinsic values and a sense of purpose. Taking a good and honest look at yourself and your own behaviour and enjoying yourself more and being cool headed are the objectives of our executive coaching.